

Florence Track Club Cross Country Schedule 2020				
Day	Date	Time	Event	Location
Tues	Sept 1	5:45pm Practice/7:00pm Parents Meeting	Practice	West Florence HS
Thurs	Sept 3	5:45 PM	Practice	Freedom Florence
Mon	Sept 7	8:00 AM	Labor Day practice and breakfast	Freedom Florence
Tues	Sept 8	5:45 PM	Practice	MHFC
Thurs	Sept 10	5:45 PM	Practice	Freedom Florence
Sat	Sept 12	8:30 AM	Run for Brighter Days 5K	Lynches River County Park
Mon	Sept 14	5:45 PM	Practice	West Florence HS
Tues	Sept 15	5:45 PM	Practice	MHFC
Thurs	Sept 17	5:45 PM	Practice	Freedom Florence
Mon	Sept 21	5:15 PM	Practice	West Florence HS
Tues	Sept 22	5:15 PM	Practice	MHFC
Thurs	Sept 24	5:15 PM	Practice	Freedom Florence
Mon	Sept 28	5:15 PM	Practice	West Florence HS
Tues	Sept 29	5:15 PM	Practice	MHFC
Thurs	Oct 1	5:15 PM	Practice	Freedom Florence
Sat	Oct 3	TBD	Irmo meet	Crooked Creek Park
Sun	Oct 4	3:00-5:00 PM	Ice Sundae party	The Blanton's home (1630 Cherokee Rd.)
Mon	Oct 5	5:15 PM	Practice	West Florence HS
Tues	Oct 6	5:15 PM	Practice	MHFC
Thurs	Oct 8	5:15 PM	Practice	Freedom Florence
Sat	Oct 10	7:00 AM	Mount Pleasant meet	Park West Rec Center
Mon	Oct 12	5:00 PM	Practice	West Florence HS
Tues	Oct 13	5:00 PM	Practice	MHFC
Thurs	Oct 15	5:00 PM	Practice	Freedom Florence
Mon	Oct 19	5:00 PM	Practice	West Florence HS
Tues	Oct 20	5:00 PM	Practice	MHFC
Thurs	Oct 22	5:00 PM	Practice	Freedom Florence
Sat	Oct 24	TBD	Lexington meet	TBD
Mon	Oct 26	5:00 PM	Practice	West Florence HS
Tues	Oct 27	5:00 PM	Practice	MHFC
Thurs	Oct 29	5:00 PM	Halloween Costume Practice	Freedom Florence
Mon	Nov 2	4:15 PM	Practice	West Florence HS
Tues	Nov 3	4:15 PM	Practice	MHFC
Thurs	Nov 5	6:00 PM	End of Season Banquet	Good Shepherd Presbyterian Church (2523 W. Palmetto St.)
Sat	Nov 7	TBA	USATF JO State Meet	TBD
Mon	Nov 9	4:15 PM	Practice	West Florence HS
Tues	Nov 10	4:15 PM	Practice	MHFC
Thurs	Nov 12	4:15 PM	Practice	Freedom Florence
Mon	Nov 16	4:15 PM	Practice	West Florence HS
Tues	Nov 17	4:15 PM	Practice	MHFC

Thurs	Nov 19	4:15 PM	Practice	Freedom Florence
Sat	Nov 21	TBA	USATF JO Region IV Meet	Fayetteville, GA - Heritage Christian Church
Nov 23-Dec 10	Those going to Nationals will see the coaches for a practice schedule.			
Sat	Dec 12		USATF JO National Meet	Lexington, KY
				Other meets will be added as they become available
				This schedule is subject to change based on city/state mandates
Dates to be determined				
Foot Locker meet		Other local 5Ks		
Developmental meets		Meet sign-up deadlines		
Trinity Byrnes meet		Early morning Sat runs (optional)		