

| Florence Track Club Cross Country Schedule 2020 | | | | |
|-------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------|---------------------------------------------------------------------|------------------------------------------|
| Day | Date | Time | Event | Location |
| Tues | Sept 1 | 5:45pm Practice/7:00pm Parents Meeting | Practice | West Florence HS |
| Thurs | Sept 3 | 5:45 PM | Practice | Freedom Florence |
| Mon | Sept 7 | 8:00 AM | Labor Day practice and breakfast | Freedom Florence |
| Tues | Sept 8 | 5:45 PM | Practice | MHFC |
| Thurs | Sept 10 | 5:45 PM | Practice | Freedom Florence |
| Mon | Sept 14 | 5:45 PM | Practice | West Florence HS |
| Tues | Sept 15 | 5:45 PM | Practice | MHFC |
| Thurs | Sept 17 | 5:45 PM | Practice | Freedom Florence |
| Mon | Sept 21 | 5:15 PM | Practice | West Florence HS |
| Tues | Sept 22 | 5:15 PM | Practice | MHFC |
| Thurs | Sept 24 | 5:15 PM | Practice | Freedom Florence |
| Mon | Sept 28 | 5:15 PM | Practice | West Florence HS |
| Tues | Sept 29 | 5:15 PM | Practice | MHFC |
| Thurs | Oct 1 | 5:15 PM | Practice | Freedom Florence |
| Mon | Oct 5 | 5:15 PM | Practice | West Florence HS |
| Tues | Oct 6 | 5:15 PM | Practice | MHFC |
| Thurs | Oct 8 | 5:15 PM | Practice | Freedom Florence |
| Mon | Oct 12 | 5:00 PM | Practice | West Florence HS |
| Tues | Oct 13 | 5:00 PM | Practice | MHFC |
| Thurs | Oct 15 | 5:00 PM | Practice | Freedom Florence |
| Saturday | October 17 | 7:00 AM | Mount Pleasant meet | Park West Rec Center |
| Mon | Oct 19 | 5:00 PM | Practice | West Florence HS |
| Tues | Oct 20 | 5:00 PM | Practice | MHFC |
| Thurs | Oct 22 | 5:00 PM | Practice | Freedom Florence |
| Mon | Oct 26 | 5:00 PM | Practice | West Florence HS |
| Tues | Oct 27 | 5:00 PM | Practice | MHFC |
| Thurs | Oct 29 | 5:00 PM | Practice | Freedom Florence |
| Mon | Nov 2 | 4:15 PM | Practice | West Florence HS |
| Tues | Nov 3 | 4:15 PM | Practice | MHFC |
| Thurs | Nov 5 | 4:15 PM | Practice | Freedom Florence |
| Saturday | November 7 | TBA | USATF JO State Meet | Winthrop University, Rock Hill SC, 29733 |
| Mon | Nov 9 | 4:15 PM | Practice | West Florence HS |
| Tues | Nov 10 | 4:15 PM | Practice | MHFC |
| Thurs | Nov 12 | 4:15 PM | Practice | Freedom Florence |
| Mon | Nov 16 | 4:15 PM | Practice | West Florence HS |
| Tues | Nov 17 | 4:15 PM | Practice | MHFC |
| Thurs | Nov 19 | 4:15 PM | Practice | Freedom Florence |
| Saturday | November 21 | TBA | USATF JO Region IV Meet | Location TBD (Georgia) |
| Nov 23-Dec 10 | Those going to Nationals will see the coaches for a practice schedule. | | | |
| Saturday | Dec 12 | | USATF JO National Meet | Lexington, KY |
| | | | **Other meets will be added as they become available** | |
| | | | **This schedule is subject to change based on city/state mandates** | |
| Dates to be determined | | | | |
| Tie Dye party | | Other local 5Ks | | |
| Foot Locker meet | | Meet sign-up deadlines | | |
| Developmental meets | | Early morning Sat runs (optional) | | |
| Trinity Byrnes meet | | End-of-season Banquet | | |