

# Cross Country Newsletter September 30, 2018 Florence Track Club

**Practice This Week**      Monday, Oct 1<sup>st</sup> @ 5:20 p.m. West Florence  
Tuesday, Oct 2<sup>nd</sup> @ 5:20 McLeod Health and Fitness Rail Trail  
**Thursday, Oct 4<sup>th</sup> @ 5:20 Darlington Middle School**

**Dates to Know**            **October 1<sup>st</sup> – Last day to sign up for Darlington Meet**  
October 6<sup>th</sup> – Darlington Meet  
October 7<sup>th</sup> – Tie Dye Party @ Freedom Florence @ 2:00 pm  
October 13<sup>th</sup> – Mt. Pleasant Meet

**Coupon Books**            Thank you for your help in selling coupon books! I plan to wrap up our fundraiser in the next week. If you need additional books, please see me after practice. If you have books that you cannot sell, please return them by Oct 8<sup>th</sup>.

**Upcoming Meets**            We have the sign up form on the announcement page of our website for the Darlington Meet on October 6<sup>th</sup>. Please let me know by Oct 1<sup>st</sup> if your athlete plans to attend. There is also a form for the Mt. Pleasant Meet on Oct 13<sup>th</sup>. Please let me know if your athlete plans to attend this meet by Oct 7<sup>th</sup>.

**Tie Dye Party**                It is finally time for our annual tie dye party! We plan to meet at Freedom Florence on Sunday, Oct 7<sup>th</sup> @ 2:00. Please let me know if you plan to attend. We have a form on our announcement page of our website to let us know how many to expect. If you cannot attend and would like one of our athletes to tie dye your shirt, please let me know prior to the party.

**Sponsors**                    **The Florence Track Club is in need of sponsors! Last call! We will need the company name soon. I am getting ready to place the t-shirt order!**

**Footlocker**                    Footlocker South Regional holds a meet at McAlpine Park in Charlotte, NC every year. This year, the meet will be held on November 24<sup>th</sup>. I will put the information for the meet on our website. If you have any questions, please let me know. If your athlete would like to participate, please ask for a registration form from Coach Heather. All entries are due before October 14<sup>th</sup>.