

Cross Country Newsletter September 16, 2018 Florence Track Club

Practice This Week Monday, Sept 17th @ 5:20 p.m. West Florence
Tuesday, Sept 18th @ 5:20 McLeod Health and Fitness Rail Trail
Thursday, Sept 20th @ 5:20 Freedom Florence

Dates to Know September 20th – Last day to sign up for FTC Home Meet
September 22nd – FTC Home Meet @ Freedom Florence @ 2:00 pm
September 29th – Chapin – Columbia Meet

Rainedout.com If you have not done so, please visit www.florencetrackclub.com and register to receive rainedout notices. This is the only way we will notify you in the event of inclement weather.

Coupon Books Thank you for your help in selling coupon books! We are doing a great job. If you need additional books, please let Coach Heather know at practice.

Uniforms If your athlete needs a uniform top, please let Coach Heather know. They are available for purchase for \$15. We also have extra FTC T-shirts for \$5. Sizes are limited. Please have your athlete wear black or blue bottoms with their uniform top.

Upcoming Meets We have the sign up form on the website for **our home meet at Freedom Florence on September 22nd**. Please sign up by September 20th if you would like to participate in this meet. We are looking for volunteers to help with our meet. You will still be able to see your athlete compete, as well as help the meet. Please consider volunteering to help at the meet. There is a sign up form on the website for both athletes and volunteers. Please let us know if you would like to volunteer on the course and/or bring a snack to share with all athletes.

Sponsors The Florence Track Club is in need of sponsors! We use the money received from our wonderful sponsors in order to cover meet fees, equipment costs, and the “extra” activities we plan throughout the season. If you know of anyone looking to make a difference in our community, please see Coach Heather for more information. The FTC is a non-profit organization and we will provide a letter for tax purposes. We will also display the company/individual name on our website and t-shirt. **We will need the company name soon. I am getting ready to place the t-shirt order!**