



2019 USATF South Carolina Association Cross Country Championships

<https://www.athletic.net/events/us/south-carolina/2019-11-1>

Saturday, November 09, 2019



Generations Park
1596-1652 Columbia Hwy N
Aiken SC 29801

Schedule & Age Divisions

Age Division	Distance	Female Start	Male Start
Course Walkthrough (self-led)		8:30 AM – 11:00 AM	8:30 AM – 11:00 AM
Open & Masters	5 km (3.11mi)	11:30 AM	11:30 AM
15-16 (born 2002-2003), 17-18 (born 2000-2001)	5 km (3.11mi)	12:00 PM	12:30 PM
8 & Under (born 2010+)	2 km (1.24mi)	1:00 PM	1:30 PM
9-10 (born 2008-2009)	3 km (1.86mi)	2:00 PM	2:30 PM
11-12 (born 2006-2007)	3 km (1.86mi)	3:00 PM	3:30 PM
13-14 (born 2004-2005)	4 km (2.48mi)	4:00 PM	4:30 PM

Course Preview: The course will be open for preview Friday, November 8th from 2pm until 5:30pm
Saturday, November 9th from 8:30am until 11:00am

Course: Starts and ends on open grass fields. All other sections are wooded trails with terrain ranging from firm sandy-clay to loose sand. No paved sections. Spikes are recommended.

Eligibility Requirements:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional, or National championships.

Open/Masters: Subject to same rules as Junior Olympic participants; must be current, birthdate-verified USATF members.

Note: USATF memberships purchased on or after November 1st are valid through 12/31/2020, whereas those purchased prior to November are valid through 12/31/2019. For questions regarding membership or



for age verification, please contact:

Membership Chair Sheri Lacy at membership@southcarolina.usatf.org.

Team Scoring: Eight (8) athletes on the team entry/declaration form may be declared as scoring athletes. The top five (5) finishers among the declared runners will score. Clubs may enter multiple teams per age division. For purposes of team scoring, athletes in the 15-16 and 17-18 age divisions are combined into a single division.

Competition Bib Numbers: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys.

Bib numbers will be distributed at the host venue (Generations Park):

- **Saturday, November 09 - beginning at 10:00 am**

Event Results: During competition, event results will be posted at the awards area and online afterwards at www.athletic.net and www.usatfsc.org.

Award Location: **Awards will be available in the Amphitheatre** (or in the picnic shelter in the event of rain).

Awards: USATF Junior Olympic medals will be awarded to the top fifteen (15) individuals in each age division. Medals will be awarded to the top three (3) teams.

Advancements:

The top forty-five (45) individuals and top seven (7) teams in each age division at the Association Championship will advance to the Regional Championship, to be held on Saturday, November 23rd at **Apalachee Regional Park** - Tallahassee, FL.

Similarly, the top thirty (30) individuals and top five (5) teams in each age division at the Regional Championship will advance to the National Championship, to be held on Saturday, December 14th at **Yahara Hills Golf Course** – Madison, WI.

Entries:

Junior Olympic entries must be completed by 11:59 PM on November 5th, 2018. Only online entries will be accepted. Please visit athletic.net to enter. **Entry fees are \$10.00 per athlete.**

Open/Masters entries must be completed by 11:59 PM on November 5th, 2018. Please visit to athletic.net enter. **Entry fees are \$10.00 per athlete if completed by November 5th. Same day entry (Open/Masters only) are \$15.00 (9:00 am to 11:00 am on race day).**

Payments: The online entry system accepts all major credit cards; however, USATF prefers VISA.

Facility Rules: The following items and activities are not permitted: Unleashed pets, alcoholic beverages, glass containers, loud music, profanity, barbecuing, and disrespect towards officials and athletes.

Restrooms: Bathrooms will be located at the back end of the Amphitheatre, between the start and finish lines.

Cleanliness: Please bag all trash and otherwise leave the facility in as good condition as when you arrive.

Parking: Enter Generations Park from Columbia Highway, follow the entrance road to the parking area at the back of the facility. There will be signs guiding you to parking area



Tents: Team Tents may be placed between the Amphitheatre and the parking area, or toward the back of the Amphitheatre, or behind the parking area. The back corner, near the last turn for the finish line will be roped off to remain clear for spectators to watch the finish.

Waivers: The standard Rule 300h waiver (non-resident) as well as the Rule 306.3f waivers (conflicts) are available to youth athletes.

- The Rule 300h waiver is available on the USATF website:
<https://usatf.wufoo.com/forms/youth-member-rule-300-h-waiver/>
- The Rule 306.3f waiver is for athletes with a conflict (normally an academic conflict) and is normally submitted via email to Youth Chair, who may forward it to the Region 4 Coordinator for consideration.

Additionally, the USATF South Carolina Association Youth Athletics Committee recognizes there is a conflict with the 2019 USATF South Carolina Association Junior Olympic Cross Country Championships and the South Carolina High School League (SCHSL) State Cross Country Championship Qualifiers. As such, a Competition Waiver (effectively a special case of Rule 306.3f) may be requested for or by student athletes affected by this conflict.

- The Competition Waiver is available on the USATF South Carolina Association website:
<http://usatfsc.org/>

To qualify for this special case competition waiver:

- The athlete must be a current member of a South Carolina High School Cross Country team
- The athlete is required to have a current USATF membership
- The athlete is required to register normally for the **2019 USATF South Carolina Association Junior Olympic Cross Country Championships**
- The athlete is required to pay the registration fees for the **2019 USATF South Carolina Association Junior Olympic Cross Country Championships**
- **The athlete is required to submit this waiver request no later than 11:59pm November 05, 2019**
- **The waiver must be submitted via email to: youth@southcarolina.usatf.org**
- **All waiver requests will be forwarded to the Region 4 Coordinator for consideration**

Contact:

Steve Mullaney - USATF SC Youth Chair (youth@southcarolina.usatf.org)

Sheri Lacy - USATF SC Membership Chair (membership@southcarolina.usatf.org)

Questions / Concerns:

Please call or text the USATFSC Office at 864-520-9417 for questions/concerns. Leave a message and calls will be directed to appropriate person.



2019 USATF South Carolina Association Cross Country Championships Course Maps







